

Name \_\_\_\_\_

Date \_\_\_\_\_

## Discovering Skills and Gifts

This survey helps you identify the abilities you do well and those you enjoy using. It allows you to add skills and definitions. You may rate part of a cluster by marking through other skills in that cluster. Look at yourself fairly and compare your ability levels with those of people your own age. Circle the appropriate number to rate yourself. You must limit yourself to five 5's and five 1's.

| <b>ABOVE<br/>AVERAGE</b> | <b>AVERAGE</b> | <b>BELOW<br/>AVERAGE</b> |   |   |  |
|--------------------------|----------------|--------------------------|---|---|--|
| 5                        | 4              | 3                        | 2 | 1 | <b>Communicating Verbally:</b> speaking clearly and effectively in large or small groups; enjoying performing before others; _____                     |
| 5                        | 4              | 3                        | 2 | 1 | <b>Communicating in Writing:</b> expressing ideas and emotions with clarity; adapting words into various forms (journalism, poetry, etc.) _____        |
| 5                        | 4              | 3                        | 2 | 1 | <b>Computer Savvy:</b> operating computer hardware and software; knack for figuring out how to make it work; analytical and/or technical skills; _____ |
| 5                        | 4              | 3                        | 2 | 1 | <b>Creative Ability:</b> visualizing designs and images, and making them a reality; singing, playing an instrument; dancing; cooking; _____            |
| 5                        | 4              | 3                        | 2 | 1 | <b>Encouraging Others:</b> being empathetic and responsive to others' feelings; listening; inspiring them to make decisions; _____                     |
| 5                        | 4              | 3                        | 2 | 1 | <b>Fixing Things:</b> diagnosing problems in mechanical, technical, or other areas; figuring what is needed to fix them; _____                         |
| 5                        | 4              | 3                        | 2 | 1 | <b>Healing Ability:</b> bringing healing to those who suffer spiritual, physical, or emotional pain; using various disciplines; _____                  |
| 5                        | 4              | 3                        | 2 | 1 | <b>Leadership:</b> inspiring others to follow a vision or goal; making long-range plans; motivating people to implement them; _____                    |
| 5                        | 4              | 3                        | 2 | 1 | <b>Management:</b> being in charge of accomplishing projects; supervising or overseeing the work of others; _____                                      |

| ABOVE<br>AVERAGE |   | AVERAGE |   | BELOW<br>AVERAGE |  |  |
|------------------|---|---------|---|------------------|--|--|
| 5                | 4 | 3       | 2 | 1                |  |  |
|                  |   |         |   |                  |  | <b>Numerical Ability:</b> thinking symbolically with higher math or concretely with arithmetic; solving mathematical problems; _____                   |
|                  |   |         |   |                  |  | <b>Organization:</b> analyzing data, things, or people and putting them in categories or systems; bringing order out of chaos; _____                   |
|                  |   |         |   |                  |  | <b>Outdoor Skills:</b> knowing about nature, forestry, birds, hiking, camping out, playing sports; exercising; gardening; hunting, fishing; _____      |
|                  |   |         |   |                  |  | <b>Persuasive Ability:</b> influencing others to agree with a new idea or concept; convincing others to purchase a product or donate to a cause; _____ |
|                  |   |         |   |                  |  | <b>Problem-solving:</b> listening or researching relevant factors of a problem; identifying patterns and blocks; seeking resources; _____              |
|                  |   |         |   |                  |  | <b>Sharing Faith and Meaning:</b> talking about what is most important to you; listening; sharing inspiring resources; walking the talk; _____         |
|                  |   |         |   |                  |  | <b>Teaching/Training:</b> understanding how people learn; building trust; communicating clearly to give knowledge or skill; _____                      |
|                  |   |         |   |                  |  | <b>Add and rate other skills with your definitions:</b>  |
| 5                | 4 | 3       | 2 | 1                |  | _____  |
| 5                | 4 | 3       | 2 | 1                |  | _____  |
| 5                | 4 | 3       | 2 | 1                |  | _____  |

From the entire list above, select the five skills/gifts you most deeply enjoy using. Choose the abilities that you seem to do naturally, even though you may work to improve. What gives you a sense of “YES”? Now list these skills and definitions in priority order, with your preferred ability as number 1.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_